

# Secrets of Successful Studying

Tried and tested ways to help you study smarter and make the most of your revision time

## How To Get Started

### Set Targets

Grab yourself a diary or calendar and make a note of key dates such as assignments, exams, revision deadlines



### Organise Your Time

Dedicate a set time each day in which to do your studying. **20 minutes - 1 hour** sessions are best, but do what suits you

### Choose Your Topic

Don't attempt to learn everything in one go. Focus on individual topics at a time breaking down information into 'bite size' chunks



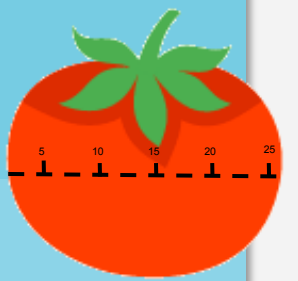
### Mix Up Your Technique

If you struggle to stay motivated and remember information, try testing out a range of learning techniques to see which one suits you best

## Revision Techniques

### Pomodoro

Set a timer for 25 mins followed by a 5 min break. This is called a **Pomodoro**. After every 4 Pomodoros have a longer break of 15-30 mins



### Be Visual

Summarise key information into bullet points and draw sketches or diagrams to link them together. Use flashcards to test how much information you can recall

### Use Audio & Multimedia

Record lectures on a dictaphone or smartphone so you can listen back to them. Listen or watch talks from industry professionals via podcasts or Youtube

### Practice, Practice, Practice

Practice answering past exam questions under exam conditions to get a sense of the amount of quality information you can get down on paper

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