

1

Slips, trips and falls

Stay vigilant for potential slips, trips and falls by watching out for wet floors, uneven surfaces and loose cables by ensuring proper signage is in place and clearing paths.

2

Handling, lifting or carrying

Ensure you have been given training on proper lifting techniques, such as bending your knees, keeping your back straight, using equipment when necessary and asking for help.

3

Hit by moving object

Stay alert and be aware of your surroundings. Use designated walkways, wear high-visibility clothing, and follow safety protocols to avoid being struck by moving objects.

4

Violence

Stay safe from workplace violence by reporting concerns, following security protocols, fostering a respectful work environment, and seeking support when needed.

5

Falls from height

Proper precautions and safety measures need to be put in place when working at height, as some falls can be fatal. Ensure adequate training has been undertaken, wear appropriate fall protection equipment like harnesses, and follow safety guidelines.



How to keep your Workplace Safe: 10 Hazards to look out for



6

Cuts and lacerations

Ensure that you have appropriate protective equipment and have a first aider on hand with appropriate dressing to stem the bleeding should someone sustain a cut.

7

Exposure to loud noise

Stay safe from loud noise exposure by wearing hearing protection, limiting exposure time, and following workplace noise control measures.

9

Crashes

Ensuring everyone who is asked to operate machinery such as a forklift or other vehicle must have appropriate training and licensing to do so. It also means ensuring the workplace is free of unnecessary hazards that could contribute to a crash.

8

Toxic fume inhalation

When working with toxic chemicals and substances, ensure the workspace is well-ventilated, proper respiratory, eye and skin protection is worn, and safety procedures are followed.

10

Repetitive strains

Stay safe by maintaining proper posture, taking regular breaks, using ergonomics equipment, and practising stretching exercises.