



# Astutis.

Best Seller

## NEBOSH General Certificate

in Occupational Health and Safety



LEARNING  
PARTNER

GOLD

807

Level 3 Qualification

**NEBOSH General Certificate** in Occupational Health and Safety

# What's Inside?

01	What is the NEBOSH General Certificate?	>
02	National vs International Versions	>
03	Why Study the NEBOSH General Certificate?	>
04	What You Will Learn	>
06	Why Astutis?	>
07	Customer Testimonials	>

# What Is the NEBOSH General Certificate?

**The NEBOSH General Certificate in Occupational Health and Safety** is the most trusted foundational health and safety qualification in the world, and for good reason.

The syllabus is updated consistently with input from thousands of industry experts, organisations, training providers and learners to reflect the real-world health and safety needs of any workplace, in any industry.

**Course Duration:** 110-125 hours.

**Entry Requirements:** No formal entry requirements.

Its position as a 'Level 3' qualification means that it serves as a potential entry point for anyone looking to build a solid understanding of health and safety.

It is well-known for its comprehensive syllabus and thorough assessments. If you're new to health and safety, you may encounter concepts and terminology you aren't familiar with. However, it is perfectly attainable for anyone with no prior experience.

## Who Is the Course For?

**The course is perfect for anyone with health and safety responsibilities in their role.** It's suitable for all workers, from frontline workers to directors. In fact, 70% of people who take the course are employed in jobs where health and safety aren't their main role.



# National vs International Versions

## How Do They Differ?

There are two versions of the NEBOSH General Certificate available:

- ▶ NEBOSH **National** General Certificate in Occupational Health and Safety
- ▶ NEBOSH **International** General Certificate in Occupational Health and Safety

The only difference between the two is in the specific legislation and laws mentioned in the content.



**The NEBOSH National General Certificate** is specific to the UK, so it'll help make sure you're working to UK standards, laws and regulations, e.g. Health and Safety at Work etc. Act 1974.



**The NEBOSH International General Certificate** uses worldwide examples because it focuses on best practice and international guidelines set by regulating organisations such as the International Labour Organisation (ILO) codes of practice.

## Available Learning Methods



### Online

Flexible, accessible, self-paced digital learning



### Virtual

Live, interactive online training with a tutor



### Classroom

In-person, tutor-led learning in a classroom setting



### OnlinePlus

Digital learning with the tutor-led virtual sessions



### On-Site

Train together in a collaborative, face-to-face setting



# Why Study the NEBOSH General Certificate?

## Employee Benefits

As the world's most trusted foundational health and safety qualification, the NEBOSH General Certificate provides the practical skills and expert knowledge needed to manage workplace risks effectively. For employees, it opens doors to new career opportunities, while for employers, it helps build a positive safety culture that protects staff and improves business performance.

- ▶ Access to an industry-standard syllabus crafted and approved by experts.
- ▶ Practical skills that can be applied in any workplace.
- ▶ Increased career and skill development opportunities in health and safety.
- ▶ Qualification for jobs with salaries ranging from £35,000 to £50,000 (depending on experience).
- ▶ Professional organisation memberships, e.g. IOSH, IIRSM.

## Employer Benefits

- ▶ Internal safety knowledge and expertise without the need to hire a consultant.
- ▶ Cost savings from reduced workplace accidents, employee absences, litigation fees etc.
- ▶ A more positive safety culture that collectively supports business health and safety objectives.
- ▶ Improved employee morale.
- ▶ Increased productivity from reduced disruptions caused by poor health and safety practices.

# What You Will Learn

## Element 1

### The Purpose of Managing Workplace Health and Safety

#### National General Certificate:

- 1.1** Morals and Money
- 1.2** Punishment and Compensation
- 1.3** Legal Duties for Employers and Workers
- 1.4** Managing Contractors Effectively

#### International General Certificate:

- 1.1** Morals and Money
- 1.2** Regulating Health and Safety
- 1.3** Who Does What in Organisations

## Element 2

### Health and Safety Management Systems

- 2.1** What they are and the benefits they bring
- 2.2** What good health and safety management systems look like

## Element 3

### Understanding People and Processes

- 3.1** Health and Safety Culture
- 3.2** Improving Health and Safety Culture
- 3.3** How Human Factors Influence Behaviour
- 3.4** Assessing Risk
- 3.5** Management of Change
- 3.6** Safe Systems of Work
- 3.7** Permit-to-Work Systems
- 3.8** Emergency Procedures

## Element 4

### Health and Safety Monitoring and Measuring

- 4.1** Active and Reactive Monitoring
- 4.2** Investigating Incidents
- 4.3** Health and Safety Auditing
- 4.4** Review of Health and Safety Performance

## Element 5

### Physical and Psychological Health

- 5.1** Noise
- 5.2** Vibration
- 5.3** Radiation
- 5.4** Mental Ill-Health
- 5.5** Violence at Work
- 5.6** Substance Abuse at Work

## Element 6

### Musculoskeletal Health

- 6.1** Work-Related Upper Limb Disorders
- 6.2** Manual Handling
- 6.3** Load-Handling Equipment

## Element 7

### Chemical and Biological Agents

- 7.1** Hazardous Substances
- 7.2** Assessment of Health Risks
- 7.3** Control Measures
- 7.4** Specific Agents

## Element 8

### General Workplace Issues

- 8.1** Health, Welfare and Work Environment
- 8.2** Working at Height
- 8.3** Safe Working in Confined Space
- 8.4** Lone Working
- 8.5** Slips and Trips
- 8.6** Safe Movement of People and Vehicles
- 8.7** Work-Related Driving

## Element 9

### Work Equipment

- 9.1** General Requirements
- 9.2** Handheld Tools
- 9.3** Machinery Hazards
- 9.4** Control Measures for Machinery

## Element 10

### Fire

- 10.1** Fire Principles
- 10.2** Preventing Fire and Fire Spread
- 10.3** Fire Alarms and Fire-Fighting
- 10.4** Fire Evaluation

## Element 11

### Electricity

- 11.1** Hazards and Risks
- 11.2** Control Measures

## Assessments

### ► GNC1 / GIC1 – Open Book Exam

The Unit GNC1 / GIC1 open book exam assesses the learning outcomes for Elements 1-4, with scenario-based questions. This helps to test your ability to apply your learning to a real-life setting, rather than just referencing key bits of information from memory. The exam is taken entirely online, so you can use digital resources and textbooks to help you.

### ► GNC2 / GIC2 – Marked Risk Assessment

Unit GNC2 / GIC2 is the practical section of the NEBOSH General Certificate. It tests your ability to apply your learning in the real world.

You're required to produce a risk assessment of a workplace that identifies a range of hazards. The risk assessment must be suitable and sufficient and communicate justified actions for improvement to the relevant people.

Keep up to date with the latest assessment information

**Click here to visit our  
Online Exam Hub »**

# Why Astutis?

## Award-Winning Training Provider



Being an Astutis learner carries significant weight. Our learners have won the **Best Overall Candidate at NEBOSH Graduation** for the last three years running. We're the choice of award winners and experts around the world. And for good reason.

## Transparent Pricing with No Hidden Costs



All our courses are completely transparent about pricing, which means there are **no hidden costs or fees**. You can rest easy and focus on your training, knowing there will be no unwelcome charges further down the line. Your NEBOSH registration, all exam fees, comprehensive learning materials, and full access to tutor support are all covered.

## Feefo Platinum Award



By choosing us for your NEBOSH National General Certificate, you will receive an unmatched level of customer service and care, recognised with the **Feefo Platinum Trusted Service Award every year since 2023**, awarded only to businesses that consistently achieve an exceptional standard of customer service year after year.

Feefo is one of the world's leading independent review platforms, collecting genuine feedback from verified customers.

## High Pass Rates



We have an **82% NEBOSH Certificate first-time pass rate** - which is far higher than the national average, and a demonstration of our course's efficacy.

## Flexible Payment Options



Eligible customers can choose to **pay in 30 days or split their payments into three monthly instalments** via Klarna, helping them spread the cost over time while accessing courses straight away.



# Don't just take our word for it

“Astutis was the one company that really stood out when I was searching because it made me feel like they actually cared about me as a person, and they wanted me to pass for me. The experience I had on the NEBOSH General Certificate really has changed my life. It's gotten me to where I am, and it continues to help me grow. The support I felt even after passing the course was just incredible.”

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LINDSAY TREVOR  
HEALTH AND SAFETY MANAGER, DANONE

“Astutis offered me the flexibility that I needed, and they had tons of options available. Having finished my course with Astutis, I can absolutely recommend them moving forward, and the tutor support they offered me was second to none. The tutors gave us real-life scenarios and examples, which made understanding the topics much, much easier.”

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RHYS FULTHORPE  
OCCUPATIONAL HEALTH AND SAFETY MANAGER, TRANSPORT FOR WALES

## Trusted By Internationally Recognised Brands





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