

Astutis Manual Handling

Astutis.

Learning Method: Online 

Course Overview

The Manual Handling in Practice course is designed for all employees to enable them to understand the importance of manual handling in the workplace.

As an employer you will be safe in the knowledge that staff have gained an understanding of the importance of using safe handling techniques while working.

Who is the course for?

The course is for any employees working in any sector who may be required to lift and move items as part of their day-to-day responsibilities at work.

Benefits for Employers

- ▶ Ensuring employees have an appreciation of safe handling techniques, reducing the likelihood of injuries occurring in your workplace.
- ▶ Minimising overall risk to the company by reducing the likelihood of injury to people and damage to property.
- ▶ Protecting your reputation by demonstrating a commitment to health and safety standards
- ▶ Increased morale amongst workforce through the commitment shown to improving employee wellbeing.
- ▶ Cost and time saving training to suit your budget.

Course Key Facts

Duration: 4 hours

Course Content

The course focuses on the following areas:

- ▶ An overview of manual handling
- ▶ Relevant anatomy and physiology
- ▶ Manual Handling Injuries
- ▶ Manual handling equipment and training
- ▶ Manual handling in office environments
- ▶ Relevant legal requirements
- ▶ Manual handling assessment tools
- ▶ Manual handling risks

Assessment

The learner will be issued with an assessment form which is returned to Astutis and a qualified assessor will undertake the marking of the assessments.

Learning Outcomes

Upon completion of this course, learners will be able to:

- ▶ Identify types of injury caused by manual handling.
- ▶ Summarise the legal responsibilities for both the employer and Employees.
- ▶ Recognise the level and type of risk assessment required.
- ▶ Complete a manual handling risk assessment.
- ▶ Explain how to assess risk using TILE and application of the manual handling hierarchy of control.



Astutis.

UK Office: +44 (0)345 241 3685
Email: enquiries@astutis.com
www.astutis.com



ROSPA



Benefits of Online Learning

- ▶ Learners are gifted with complete control over their studies, choosing where and when to learn as they desire.
- ▶ With online training, organisations can have complete oversight over the staff's progress with insightful reports analysing their workforce's efforts.
- ▶ Incredible cost-effectiveness when compared to alternative learning methods, especially classroom learning.
- ▶ Engaging, proactive activities heighten learner retention.
- ▶ Astutis Learning Checks strategically located throughout the course ensure learners can only move on when ready.
- ▶ Those who work from home can play an active role in the training unlike before.

Features of an Online Course

- ▶ **Learning checks** – built into the course to check your knowledge
- ▶ **Mind map activities** – helps to summarise the main points visually and acts to aid your memory.
- ▶ **Listing activities** - easy to digest information through key points.
- ▶ **Categorising activities** – making it easier for you to recall ideas or process information.
- ▶ **Activity positioning** – Activities are spread throughout the course helping you to embed your learning before moving on to the next section.

