

NEBOSH Health and Safety at Work Award

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Introduction

The NEBOSH Health and Safety at Work course is an introductory qualification for staff who need to understand the principles of health and safety as part of their role. It covers risk assessments and how to control common workplace hazards.

Who is the course for?

Staff who need to understand the principles of health and safety as part of their role, including team leaders, supervisors, HR professionals and facilities managers.

Training Benefits

A safer workplace

The NEBOSH Health and Safety at Work qualification will give your staff the health and safety know-how to help reduce accidents, control costs, protect your reputation and avoid legal action.

Assurance

You can be assured that staff are working in a safe and efficient manner – something that can help you achieve recognised standards and win new business.

Return on investment

Staff will have the practical skill set to bring real value to your workplace. This qualification tests these practical skills at work, meaning that learning is put into practice in your workplace right away.

Introduce your staff to health and safety, reduce accidents, and control costs.

Learning Outcomes

The course covers basic health and safety principles and practices essential in the workplace. These include:

- ▶ Understanding risk assessments and control strategies
- ▶ Applying these control strategies to a number of common workplace hazards, including fire, electrical, transport and manual handling

Course Key Facts

Duration:

23 hours for Online learning.

Three days for Classroom On-site or Virtual Classroom learning.

Unit HSA1

Workplace Safety Foundations

- ▶ The foundations of health and safety
- ▶ Risk assessment and control
- ▶ Hazards and controls: work equipment, electricity, manual handling, hazardous substances, working environment
- ▶ Transport safety
- ▶ Fire Safety

Unit HSA1

Assessment

This course is assessed with a workplace health and safety review for Unit HSA1.

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