

# IOSH Approved Behavioural Science for Leadership in Safety

# Astutis.

## Introduction

This is the only Behavioural Science course to be approved by IOSH, and Astutis have exclusively partnered with Behavioural Safety Services Training to deliver the IOSH Approved Behavioural Science for Leadership in Safety online course.

The course will have a positive influence on the learner's behaviour and that of your colleagues. Become a workplace influencer by upskilling staff on the main principles of people's behaviour and putting this into practice.

The course has been designed by leading Performance Psychologist, Darren Sutton. It couples his unparalleled knowledge with over 20 years of experience in senior management in the Health and Safety sector. Each module of the course is introduced by Darren via video. Learners can start the course as soon as they are enrolled.

## Who is the Program for?

The course is designed for leaders, managers, and supervisors across every industry. By completing this program, you'll they will learn what influences behaviour and have the skills to redefine safety culture within organisations so that they can influence people in the workplace to 'want' to work safely.

## Course Key Facts

**Duration:** Approximately six-eight hours

**Access:** This is an online course which gives learners the flexibility to complete it in one sitting or bite-sized chunks over a week or two, including the IOSH assessment.

### Course Content

The course is split into six modules and covers:

**Module 1:** What is Leadership in Safety

**Module 2:** Avoiding Failure and Creating Excellence

**Module 3:** Key Drivers of Behaviour

**Module 4:** Behavioural Science related to Safety Performance

**Module 5:** ABC Analysis

**Module 6:** Goal Setting

### Assessment

During the course, learners will be asked to complete a reflective journal. Learners will then be asked to submit the reflective journal after their 40-minute multiple-choice test comprising 12 questions at the end of the course.

An automated result will be provided when the multiple-choice questionnaire is completed, and the reflective journal is submitted. The result will then be verified in 24hrs after completion.

To pass, learners must receive a mark of 80% or above.

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## Benefits for the Employer

- ▶ Improved safety culture: the workforce will be empowered and confident in their safety and understand the importance of workplace health and safety.
- ▶ Improve active staff involvement in the workplace.
- ▶ Reduced Accidents and Injuries: Ensure employee safety with reduced accidents and incidents in the workplace.
- ▶ Enhanced Productivity: The reduced number of accidents and injuries ensures staff have more focus on their day-to-day role, enhancing organisation productivity as a result.
- ▶ Increased Reputation: Organisations with a proactive approach to health and safety are favoured more by consumers and potential customers yearning for partnerships with morally righteous companies.

## Benefits for the Learner

- ▶ Identify different leadership styles, including the your own.
- ▶ Understand the impact of leadership and culture.
- ▶ Identify new ways of thinking when evaluating accident causation.
- ▶ Learn different behavioural change models.
- ▶ Understand where human behaviour comes from and the relationship between our thoughts, feelings, actions and performance.
- ▶ Shift the 'Have to' to a 'want to' mindset in safety.
- ▶ Understand why people 'want' to do things and why they're 'proud' to do them.
- ▶ Improve how goals are set for safety to really influence people's behaviour towards sustainable change.
- ▶ How to focus on outcome performance rather than lagging indicators.

